




CROWNE PLAZA[®]
AN IHG[®] HOTEL
READING EAST

**Time to wake up
those taste buds.**

CROWNEPLAZA.COM

BREAKFAST MENU

FULL ENGLISH BREAKFAST £19.50

JUICES

Apple | Grapefruit | Orange
Cranberry | Tomato

FRUIT

Melon | Watermelon | Pineapple
Grapefruit Segment | Orange Segment | Peach
Selection of Whole Fruits

VEGETABLES

Cucumber | Cherry Tomatoes | Peppers

CEREALS, DRIED FRUIT, NUTS & SEEDS

Cornflakes | Rice Krispies | Bran Flakes | Fruit 'n Fibre
Muesli | Weetabix | Coco Pops | Special K | Alpen
Assorted Dried Fruit, Nuts, Seeds

YOGHURT & TOPPINGS

Low Fat Natural | Fruit Yoghurt Pots
Berry Compote | Prunes

CONTINENTAL MEAT & CHEESE

Selection of Cured Meats
Cheddar | Emmental | Brie

FROM THE BAKERY

Freshly Baked Danish Pastries | Muffins | Croissants
Slice White & Brown Bread
Ryvita | Artisan Breads

COFFEE & TEA TO ORDER

FRESHLY BREWED COFFEE OR BREAKFAST TEA CAN BE ORDERED WITH YOUR SERVER.

For speciality Coffees please ask your server:

Latte £4.50 | Cappuccino £4.50
Mocha £4.55 | Hot Chocolate £4.45
Espresso £3.25 | Double Espresso £4.35
+ Caramel or Vanilla Syrup £1.00

Kindly note that items cooked to order may take
up to 15 minutes during busy periods.

If you have a food allergy or specific dietary requirement please inform your server.

HOT ENGLISH BREAKFAST

HELP YOURSELF FROM THE BUFFET (642 Cal)

Premium Back Bacon | Premium Pork Sausage
Cumberland Sausage | Scrambled Eggs | Fried Eggs | Mushrooms
Grilled Tomato | Hash Browns | Black Pudding | Baked Beans

ITEMS COOKED TO ORDER

PLEASE ORDER WITH YOUR SERVER

EGGS (186 Cal)

Poached | Boiled

VEGETARIAN SAUSAGE (142 Cal)

PORRIDGE (252 Cal)

Traditional Oatmeal Porridge
made with choice of Milk or Water

OMELETTE (296 Cal)

Three Eggs Plus Your Choice of Filling
Cheese | Ham | Red Onion | Peppers | Chilli | Spinach
Tomato | Mushrooms

PANCAKES, FRENCH TOAST OR WAFFLE (V) (368 Cal)

Served with Maple Syrup

A LA CARTE UPGRADE WITH A SUPPLEMENT

EGGS BENEDICT (426 Cal) £6.50

Prosciutto | Hollandaise | Poached Eggs | English Muffin

SMOKED SALMON (384 Cal) £6.50

Toasted Sourdough | Scrambled Egg | Lemon

SMOKED HADDOCK (293 Cal) £6.50

Toasted Sourdough | Poached Eggs

GRILLED KIPPERS (278 Cal) £6.50

Kipper Fillet | Parsley Butter

AVOCADO (294 Cal) £5.00

Toasted Sourdough | Poached Eggs

INDIAN BREAKFAST

GHOBI PARATHA (V) (210 Cal)

Flat Bread with Spicy Mashed Cauliflower served with Yoghurt

ALOO PARATHA (V) (228 Cal)

Flat Bread with Spicy Mashed Potatoes served with Yoghurt.

Both these dishes contain Gluten & Dairy.