# AFTERNOON TEA MENU AT THE CAPITAL HOTEL



# "There are a few hours in life more agreeable than the hour dedicated to a ceremony known as afternoon tea" Henry James, 1881

#### The Story Of Afternoon Tea

The story begins with a cup of tea, enjoyed by Duchess Anna of Bedford. Every day at 4pm she would have a pot of tea, while staring longingly at the clock, wishing the hours away until it was time for dinner. One day, having eaten very little at lunch, she could no longer bear the wait and ordered the kitchen to bring her pot of tea with some buttered bread and cakes.

#### Discover A Better World Of Tea

JING™ have travelled far and wide to hand source the most distinctive, single garden teas. From the wild, ancient forests of Yunnan, up into the foothills of the Himalayas, through the lush coastal prefectures of Japan and beyond. Discover loose leaf teas of incredible purity, crafted by master tea makers for unique and unforgettable tastes.

### Our Afternoon Tea Experiences

Traditional JING™ Afternoon Tea – £50

Traditional Champagne Afternoon Tea – **£64**(Serving Pierre Moncuit Champagne or upgrade to Rose Pierre Moncuit for £5)



#### Sandwich Selection

A traditional afternoon tea selection of finger sandwiches made fresh each day

#### Sweets

A selection of seasonal delicately crafted sweets to perfectly compliment your tea or champagne

#### Scones

Plain & fruit scones, Cornish clotted cream & strawberry preserve (cakes, scones & pastries will be replenished on request)

Please inform us if you have any food allergies or dietary requirements. Some of our menu items contain nuts, seeds and other allergens.

#### Black Tea

#### Assam Breakfast

The ultimate breakfast tea - this Assam Breakfast is satisfying and robust, with honeyed malt richness. Assam lies at sea level in India's subtropical north east and is renowned for its rich soils bordering the Bramhaputra River. We blend the best leaves from the region's finest tea gardens for a bold and true expression of Assam character.



#### **Red Dragon**

A unique black tea from Yunnan, China, crafted using an imported tea cultivar from Taiwan that is normally used to make oolong tea. Grown in agriculturally organic tea gardens, it has a distinct tropical fruitiness from the cultivar and complex, aroma and taste from the high-mountain terroir.



#### **Earl Grey**

This Earl Grey is masterfully blended with an invigorating black tea from Ruhuna, Sri Lanka, for a strong, full-bodied base, uplifted by vibrant citrus notes of natural bergamot. These high quality ingredients complement each other to create the perfect balance of smooth, rich taste and a refreshing finish.



#### Organic Darjeeling 2nd Flush

From historical estates in Darjeeling, India, these tea leaves encapsulate the best of the summer flush from this famous, mountain region.

#### Green Tea

#### Organic Jade Sword™

Grown among the misty mountains in a remote part of Hunan, China, Organic Jade Sword is the perfect introduction to green tea as it should be: the very essence of spring. Picked from a rich, biodiverse garden, this organic green tea is full of fresh, grassy and naturally sweet character, with no bitterness.



#### Organic Dragon Well - £5 supp.

China's most famous green tea. It's picked in early spring near Hangzhou, China, which is the true home of this tea. The young leaves are pan fired by masters, creating the classic spear shape and nutty taste.

## Sparkling Tea

#### Jasmine Pearls Sparkling Tea £6.50 per glass / £24.95 per bottle

Our delicious sparkling tea will take you on a moreish taste journey. You'll find heady jasmine aromas with a smooth and refreshing green tea depth, subtle fruit notes, hints of honey and a dry texture.

Crafted using Jasmine Pearls green tea, slowly infused in cold, filtered water to bring out the perfect balance of rounded green tea body and high floral aromas. The liquid is then delicately carbonated to give a soft, gently sparkling finish.

#### White Tea

#### Organic Yunnan White Peony

From an organic garden in an unspoilt and remote area of Yunnan province. Not the typical area for White Peony in China, but this example expresses the right character with unique, fruity qualities from the Yunnan terroir.



#### Jasmine Silver Needle - £5 supp.

The youngest, sweetest tea buds are carefully plucked and withered slowly in the sun to create a pure, silver needle white tea. Before being traditionally scented with fresh, whole jasmine flowers over five consecutive nights.

# Oolong Tea

#### Ali Shan

Grown in a garden that is converting to fully organic and crafted using the classic, Jin Xuan cultivar, this high mountain oolong is indicative of the creamy and floral flavours that Taiwanese teas are known for.



#### Yellow Gold - £5 supp.

Sourced from the sub-tropical mountains of Fujian province, China. The leaves are picked and hand-rolled into small balls to secure their bright, floral aroma.

#### Herbal Infusions

#### Raspberry & Rose

A stunning fruit and floral tea with a subtle perfume of whole rosebuds, tart raspberry pieces and deliciously floral osmanthus.

This pink hued infusion feels jammy on the palate and is complemented by the gently sour, fruit character.

Delivering complexity and elegance with a delicately floral finish.



#### Rooibos

To ensure the purest clarity of flavour, we selected a high-grade, long cut Rooibos leaf from its native home in Cederberg, South Africa. Fully oxidised, the leaves have a rich, tangy taste of honey and seville orange that's perfect as a comforting caffeine-free alternative to breakfast tea.



#### Whole Peppermint Leaf

High-quality, loose leaf peppermint tea leaves from Bavaria, Germany, are picked whole and slowly dried to retain the all-important essential oils, colour and flavour. This naturally caffeine-free infusion is intensely refreshing, with strong menthol aromas and an invigorating, cooling finish.





Enjoy Tea At Its Best