

Embark on a culinary journey with Pravaas, where every bite tells a story and flavours transport you to the heart of India.

At Pravaas, our story is a tapestry woven with the vibrant threads of tradition, passion, and the flavours of India. Our journey began as a dream to bring the rich tapestry of Indian cuisine to London.

Pravaas's culinary concept is to provide a journey through dishes inspired by Chef Patron Shilpa Dandekar. Her unyielding passion for the culinary arts and her insatiable desire to explore various kitchen styles have fuelled her quest for diverse culinary knowledge, allowing her to create some exceptional dishes in the menu.

The culinary odyssey evolves into Pravaas, a destination shaped by years of expertise. Remaining steadfast to the essence of authentic fine Indian cuisine, Shilpa and her team extend a warm invitation for you to embark on a new culinary venture, where the flavours resonate with the very heart of India.



# **MENU**

# (MINIMUM 1 MAIN COURSE PER PERSON)

# PRE-STARTER

Papad, Tomato & Mango Chutney G, MUS Assortments of papadums, garlic tomato chutney and tempered mango chutney	4.5
Add Chutney Pot D, MUS Mint sauce, chopped onion, pickle	1.5
Taste Of Mumbai D, G Dahi sev puri (wheat puffs filled up with sweet and tangy chutneys and sweet yoghurt), pani poori, colcannon ragda pattice (colcannon pattice, topped with chickpeas and chutneys)	8
<b>Mini Naan G, D</b> Brown garlic, chilli and coriander butter	4

Please note that we do handle allergenic ingredients throughout our kitchens.

While we strive to provide a safe dining experience for all our guests, we cannot guarantee that any of our dishes are completely allergen-free.



# **STARTERS**

Patra Chaat D, SES Colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev	13
Smoked Edamame, Spinach Kebab and Tirokafteri D, N Smoked lighly spiced with cardamom, brown onion and green chilli spiced cakes, watercress, roasted peppers and feta salad	13
Lamb Galouti Kebab G, N, D  Melt-in-the-mouth, pan-fried finely minced smoked lamb kebab marinated in saffron special blend of spices, brown onion, cashew paste, cranberry chutney served on layered flaky bread	15
Savoury Chicken Mille Feuille D, E, G, MUS Shredded chicken cooked with curry leaves, coriander and black peppers, layered in crispy, buttery pastry, lemon gel and pickled onions	15
Seared Scallops C, D, E, G, MUS Pan seared scallops, beetroot and balsamic salad, curried cauliflower puree, brown butter, chilli and lemon dressing, parmesan tuille	17
Tamarind Chilli Squid F, G, M, E Crispy fried fresh squid, tossed in chilli garlic, tamarind scallions and smoked paprika sauce	15



# FROM TANDOOR - CLAY OVEN

Kalimirch & Pudina Paneer Tikka D, N  Cottage cheese marinated in cashew, mint and crushed black pepper stuffed with dry fruits chutney accompanied by red onion and red currant marmalade	14
<b>Wasabi Chicken Tikka D, MUS</b> Chicken thigh marinated in fresh wasabi, cheese, cream, fenugreek leaves, cardamom	17
Lamb Chop D, N French trimmed half rack tandoori lamb chop marinated in light and fragrant spices, pickled raw papaya and carrot salad with coriander chutney	22
Tandoori Chicken* D, N, MUS Black pepper, cheese, cashew and lemon marinated chicken with spicy coleslaw and watercress salad	23
<b>Venison Seekh Kebab D</b> Sage flavoured spicy and juicy venison mince kebab skewer, quince and sultana chutney, sushi ginger	18
Tandoori Lobster C, D, MUS 05oz tail of tandoori lobster, mango, avocado and pickled ginger salad, curry leaves and mustard dressing in coconut, lime beurre blanc	29
Monk Fish Tail and Sea Buckthorn Pickle F, MUS, D  Monk fish tail marinated in pickling spices with thousand layers crispy potatoes	21



# **MAIN COURSE**

# GAME

Coorgi Duck MUS, CEL Pan-fried duck tossed with blend of southern roasted spices served with baby potatoes, baby carrots, celery	27
Guinea Fowl Stew D, MUS Guinea fowl gently braised in mild coconut sauce with autumn greens	26
CHICKEN	
Mangalorean Chicken MUS Breast of chicken cooked with coconut, chilli, curry leaves and tamarind	19
Malvani Chicken* Malvan is a scenic town on the west coast of Maharashtra. A traditional recipe modernized and presented by Chef Shilpa	19
LAMB	
Lamb Rogan Josh D, MUS Roasted fillet of lamb in yoghurt, chilli, saffron sauce, curry leaves and chilli potato dauphinoise	25
Slow Cooked Lamb Shank D, G, N Rich creamy cashew nut and yoghurt sauce with a special blend of spices	29
Lamb Sukke*  Maharashtrian style lamb preparation cooked in spice blend of cloves and chilli	23

<sup>\*</sup> DENOTES SPICY DISH. ALLERGENS G-GLUTEN, N-NUTS, D-DAIRY, E-EGGS, C-CRUSTACEAN, M-MOLLUSCAN L-LUPIN, S-SULPHITES, CEL-CELERY, F-FISH, SES-SESAME, MUS-MUSTARD, P-PEANUTS, SOY-SOY



# **SEAFOOD**

<b>Prawn Curry C</b> Prawns cooked blend of whole dry kashmiri chilli, garlic, blackpepper, coconut and tamarind sauce	24
Halibut Fish Curry F, MUS Halibut cooked in Chef Shilpa's special blend of spices	24
<b>Red Snapper and Palourdes Moilee F, M</b> Red chilli, ginger, garlic and tamarind pulp marinated grilled red snapper in coconut, ginger, green chill, clams and samphire pakora	26
CLASSICS - ALL TIME FAVOURITES	
<b>Prawn Biryani D, C</b> Traditional rice dish cooked with prawns and fragrant spices	29
Chicken Biryani D Traditional rice dish cooked with chicken and aromatic spices	24
Butter Chicken D Tandoori chicken breast in rich creamy butter and tomato sauce	19
Chicken Tikka Masala D Chicken tikka cooked with onion and tomato masala	19



5

4

5

5

# **VEGETARIAN** - sides/mains

Lasooni Palak D Creamy spinach with brown garlic and dry fenugreek leaves	12/17
Bhindi Anardana Bhindi masala given a twist with dry and fresh pomegranate	12/17
Baby Aubergine Masala SES Baby aubergine in sesame seeds, tamarind onion tomato masala	12/17
Savoy Cabbage Porial MUS, N Mustard, curry leaves tempered savoy cabbage and pine nut with coconut	12/17
Paneer, Baby Corn & Coloured Peppers D  Dry preparation of diced paneer and coloured peppers	12/17
<b>Dal Tadka</b> Yellow lentils tempered with tomatoes, cumin and curry leaves and garlic	12/17
<b>Dal Makhani D</b> Traditional preparation of black lentils slowly cooked overnight, mildly spiced	12/17
ACCOMPANIMENTS & BREADS	
Saffron Pulao	4.5
Steamed Rice	4
Butter Naan G D	4
Garlic Naan G D	4
Peshawari Naan G D N Coconut, cashew nut and cream	5
Kheema Naan G D	5

red millet steamed dough bread (gluten free) **Pomegranate Raita D** 

minced lamb stuffed bread

Cheese Naan G D

Laccha Paratha G D

Tandoori Roti G

Ragi Bhakri

Yoghurt D

4.5 3.5

All Prices are inclusive of 20% VAT.

A discretionary 12.5% service charge will be added to the bill.

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## NON-VEG TASTING MENU BY CHEF SHILPA DANDEKAR

£72.00 PER PERSON | WINE FLIGHT £59.00

#### Pani Puri Shots G



### Glera NV (Italy)

Domus-Picta Valdobbiadene Superiore Prosecco Brut

## Seared Scallops C, D, E, G, MUS

Pan seared scallops, beetroot and balsamic salad, curried cauliflower puree, brown butter, chilli and lemon dressing, parmesan tuille

#### Wasabi Chicken Tikka D, MUS

Chicken thigh marinated in fresh wasabi, cheese, cream, fenugreek leaves, cardamom



## Riesling 2021 (France)

Cave de Turckheim Reserve Riesling 12.5%

#### Patra Chaat D, SES

Colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev



### Chardonnay 2023 (Australia)

Foundstone Chardonnay Unoaked 13%

## Red Snapper and Palourdes Moilee F, M

Red chilli, ginger, garlic and tamarind pulp marinated grilled red snapper in coconut, ginger, green chill, clams and samphire pakora



## Kokum Granita



### Cabernet Sauv Shiraz, 2022 (India)

VA Reserve Collection Grovers 14%

#### Lamb Sukke\*

Savoy Cabbage Porial Mus, N | Dal Makhani D | Naan G, D



## Sauternes 2022 (France)

Chateau Delmond

#### Shahi Tukra D, E, G, N

Crispy brioche bread, reduced saffron milk, stewed apple and rose and pistachio whipped cream



### Tea/Coffee & Petit Fours

Please inform our staff of any allergens or special dietary requirements prior to ordering.

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# VEG TASTING MENU BY CHEF SHILPA DANDEKAR

### £72.00 PER PERSON | WINE FLIGHT £59.00

#### Pani Puri Shots G



### Glera NV (Italy)

Domus-Picta Valdobbiadene Superiore Prosecco Brut

## Smoked Edamame, Spinach Kebab and Tirokafteri D, N

Smoked lighly spiced with cardamom, brown onion and green chilli spiced cakes, watercress, roasted peppers and feta salad

#### Kalimirch and Pudina Paneer Tikka D

Cottage cheese marinated in cashew, mint and crushed black pepper stuffed with dry fruits chutney accompanied by red onion and red currant marmalade



## Riesling 2021 (France)

Cave de Turckheim Reserve Riesling 12.5%

#### Patra Chaat D, SES

Colocasia leaves served with yoghurt, date and tamarind chutney, pomegranate, onion, tomato and sev



## Chardonnay 2023 (Australia)

Foundstone Chardonnay Unoaked 13%

## Veg Biryani D

Assortment of vegetables and cottage cheese cooked along with saffron rice served with pickle, papad & raita



#### **Kokum Granita**



### Pinot Noir 2022 (Chile)

Novas Gran Reserva Organic Pinot Noir 13%

### Baby Aubergine Masala SES

Savoy Cabbage Porial Mus, N | Dal Makhani D | Butter Naan G, D



### Sauternes 2022, (France)

Chateau Delmond

#### Shahi Tukra D, E, G, N

Crispy brioche bread, reduced saffron milk, stewed apple and rose and pistachio whipped cream



### Tea/Coffee & Petit Fours

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