

THE MENU

BREAKFAST BOWLS

available until 11.00

ASHURA CEREAL (v) A traditional Turkish breakfast cereal, puffed rice with mahlab, cardamom, seeds and nuts with yoghurt & soft fruits	£5.50	POWER OATS BREAKFAST BOWL (v) Our house blend of rolled grains, super seeds, nuts & fruits, available as muesli or porridge served with banana, pomegranate & cacao nibs, agave syrup	£5.50
COCONUT & BROWN RICE SYRUP GRANOLA (v) Mango, banana, coconut water steeped chia seeds, coconut milk & lime	£5.95	Let us know your preference of milks or yoghurt	

BRUNCH & LUNCH

served all day

ZAALOUK & CRISPY HALLOUMI (v) (A Moroccan salad of slow cooked aubergine & tomato with cumin & paprika). Wholegrain pitta bread, mint, green salad & pomegranate dressing	£7.95	HUEVOS RANCHEROS (v) Fried free range egg, spicy beans, corn tortilla, feta, salsa & avocado	£8.50
PARMESAN & BLUSH TOMATO ARRANCINI (v) Marinated Mediterranean vegetables, oregano, parsley & olive oil	£7.95	BUCKWHEAT & YOGHURT PANCAKES (v) Pomegranate seeds, blueberries, banana & maple syrup	£7.95
JACK RABBITS' CAESAR SALAD Soft boiled free range egg, anchovies, sourdough croutons, parmesan shavings & in-house Caesar dressing	£8.50	BREAKFAST ROLL Homemade milk roll, streaky & back bacon, sausages & fried free range egg	£7.95
CROQUE MONSIEUR BENEDICT Toasted Gruyere & roast ham sandwich, poached free range egg & hollandaise	£8.95	SEASONAL SOUP OF THE DAY (v) Served with homemade bread Please see the specials board for today's offer	£5.75
SMOKED SALMON WITH A PARSLEY & POTATO CAKE Poached free range egg, pea mayonnaise, green salad & lemon dressing	£8.95	TOAST (v) 60/40 or cinnamon & raisin or white or mega seed, butter, tiptree preserves or organic peanut butter or marmite	£2.85
SMASHED AVOCADO & MANGO SALSA (v) Mega seed 60/40 toast, lime, feta, toasted seeds, sun blushed tomato & chilli jam	£7.95		

A LITTLE EXTRA

SWEET POTATO FRIES	£3.25
SEASONAL SIDE SALAD	£3.95
CRUSHED AVOCADO & LIME	£3.25
SMOKED SALMON	£4.50

LITTLE BUNNIES

We pride ourselves on fresh, healthy ingredients and offer smaller portions from our menus for the little bunnies.



This menu is representative and may be subject to daily changes. We will change the menu if something better and fresher than what's advertised here is available. We only work with the best, so you get the best.

WINE, BEER, CIDER & SPIRITS

PROSECCO RIVAMONTE 7 NV DOC, Italy Bottle £21.95 125ml £4.50	TIMOTHY TAYLOR'S LANDLORD A classic strong pale ale 500ml/ 4.1%	£4.25
2017 PERCHERON CHENIN BLANC VIOGNIER, South Africa Bottle £16.95 175ml £4.75 125ml £3.25	KNIVETON CIDERS award-winning local ciders: NEVER MIND THE HILLOCKS Full bodied dry cider 500ml/ 6.1%	£5.25
2016 COTES DE GASCOGNE, DOMAINE SAINT-LANNES, France Bottle £18.95	WYNNSUM Medium cider 500ml/ 6.1%	£5.25
2016 PASQUIERS GRENACHE CINSAULT ROSÉ, France Bottle £16.95 175ml £4.75 125ml £3.25	CASTELLO BEER Brewed in Italy, 4.8% 330ml can	£3.95
2016 BORSALO, GARNACHA, Spain Bottle £16.95 175ml £4.75 125ml £3.25	MORITZ BEER Brewed in Spain, 5.4% 330ml can	£3.95
2017 FALSE BAY "OLD SCHOOL" SHIRAZ, South Africa Bottle £18.95	GIN & TONIC Please ask for this month's gin, 25ml measure	£5.50
	VODKA & TONIC Please ask for this month's vodka, 25ml measure	£5.50

COFFEE, TEA & SOFT DRINKS

To quench your thirst or pick you up...

Our house blend of coffee comes from passionate artisan roasters based in Nottingham. Meticulously hand roasted in small batches, Timber Town espresso blend brings a satisfying traditional espresso to your delicious cup of coffee.
A seasonal mix of Arabica beans from Brazil, Guatemala and Rwanda.

OUTPOST COFFEE

COFFEE

LONG BLACK	£2.35
FLAT WHITE	£2.80
LATTE	£2.80
TURMERIC LATTE	£3.50
CAPPUCCINO	£2.80
ESPRESSO Extra shot 60p	£1.80
MOCHA	£3.00
CORTADO	£2.40
MACCHIATO	£2.40
ICED COFFEE	£2.80
BABYCCINO Flavoured syrups available 50p All available as decaf	£1.00

LOOSE LEAF TEA

EVERYDAY BREW	£2.20
EARL GREY	£2.20
PEPPERMINT	£2.20
CHAI	£2.20
GREEN	£2.20
CHAMOMILE	£2.20
WILD BERRY	£2.20
DECAF	£2.20
CHAI LATTE	£3.00
DELUXE HOT CHOCOLATE Add syrup 50p Add cream 50p Add marshmallows 50p	£2.95

COLD DRINKS

GINGER BEER	£2.75
COCA COLA	£2.75
DIET COKE	£2.75
ORANGINA	£2.75
SAN PELLEGRINO	
LIMONATA or ARANCIATA	£2.65
ORANGE JUICE	£2.75
APPLE JUICE	£2.75
STILL WATER	£1.95
SPARKLING WATER	£1.95
TONIC WATER	£2.00
CHILDREN'S CORDIAL	£1.00

We only serve low sugar, natural cordial

MILK

We use locally sourced farm milk; rich in protein and full cream, allowing for premium foam, texture and superior taste. Our soya milk is Bonsoy the original and the best. Preferred by leading baristas.

We also have Oatly barista & almond milk available.

Prefer from a skinny cow? Tell us!

PLEASE ASK FOR THE WINE LIST

TAKE AWAY

All of our coffees and hot drinks are available to take away in biodegradable cups. Why not join the COFFEE CLUB? Get your 7th take away drink on the house!

FRESHLY SQUEEZED OJ - Our orange juice is freshly squeezed to order, and you can take this away too. Just bring in your bottle and we will fill it right up!

